

# 2017 Northwest Diversity Learning Series • Participant MATRIX Worksheet

Quaylan Allen & Mark Maier

Instructions: This is an opportunity to REFLECT on the impact that your race and/or gender have had on your life. Your responses will be the basis for conversation and dialogue. Try to think of 2-3 bullet points for each category.

↓ REFLECTION ↓ ↓ PROMPT ↓	RACE IDENTITY (White ----- Non-White)	GENDER IDENTITY (Male ----- Female)
Because I am (a) _____ person <u>I can:</u>		
Because I am (a) _____ person <u>I don't worry</u> <u>much about:</u>		
Because I am (a) _____ person <u>I feel like I can't:</u>		
Because I am (a) _____ person <u>I worry about:</u>		
Because I am (a) _____ person <u>I feel like I must or should:</u>		
ROLE REVERSAL (FOLD? or print on BACK???)		
IF I WERE (choose "OPPOSITE" race or gender identity), <u>I could:</u>		
IF I WERE (choose "OPPOSITE" race or gender identity), <u>I would not</u> <u>worry much about:</u>		
IF I WERE (choose "OPPOSITE" race or gender identity), <u>I would feel like I</u> <u>could not:</u>		
IF I WERE (choose "OPPOSITE" race or gender identity), <u>I would worry about:</u>		
IF I WERE (choose "OPPOSITE" race or gender identity), <u>I would feel like I</u> <u>had to:</u>		