October 30, 2017 – NW Diversity Learning Series Session 6: Seize the Courage to Talk About Race

Presenter: Mary-Frances Winters

We Can't Talk About That at Work: How to Talk About Race, Religion, Politics, and Other Polarizing Topics, by Mary-Frances Winters

This is a wonderful, timely book by Mary-Frances Winters, our presenter. It provides a step-by-step guide for how to prepare for and structure difficult conversations about polarizing topics. She says preparation is critical, but so is intent. You'll also become more aware of the role culture plays in shaping people's perceptions, habits and communication styles.

<u>Fierce Conversations: Achieving Success at Work & in Life, One Conversation at a Time, Special Edition, by Susan Scott</u>

Author Susan Scott says your success depends on how well you transform everyday conversations. This book, which includes a workbook, will guide you on:

- how to overcome barriers to meaningful communication,
- to increase clarity and improve understanding,
- handle strong emotions—yours and others', and
- to expand and enrich conversations with colleagues, friends and family.

## REPORT: State of the Dream 2017: Mourning in America

This report (the 14<sup>th</sup> Annual) is comprised of eight chapters that broadly look at the history of wealth in the United States with short, accessible snapshots of where we are as nation on the topics of wages, wealth, housing, immigration, and LGBT inclusion. The final chapter lays out The Strategy Going Forward. (Please see Continuing Learning Opportunities for website links.)

## In recognition of Native American Heritage Month (November)

Indians of the Pacific Northwest: From the Coming of the White Man to the Present Day

By Vine Deloria Jr. (Author), Steve Pavlik (Afterword), Billy Frank Jr. (Foreword), September 2012.

The Pacific Northwest was one of the most populated and prosperous regions for Native Americans before the coming of the white man. By the mid-1800s, measles and smallpox decimated the Indian population, and the remaining tribes were forced to give up their ancestral lands. Vine Deloria Jr. tells the story of these tribes' fight for survival, one that continues today.

MAGAZINE GUIDE: <u>Alaska Northwest Native Business & Resource Guide</u> – 19<sup>th</sup> Edition. Includes the Greater Seattle Guide to Cultures, Community Magazine and Resource Directory – the Premier Edition

<u>The Native Business & Resource Guide</u> includes local businesses, Native corporations, and a list of all the federally recognized Indian Tribes in Washington State, as well as non-federally recognized tribes. The Seattle Guide is to encourage, enlighten, entice and engage readers through vignettes

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showcasing the diversity of ethnic heritage of the city. There's an article on Emigration, Ancestry and Immigration in the Seattle Metropolitan Statistical Area.

## **REPORTS: From the Seattle Race and Justice Initiative**

When Seattle's Race & Justice Initiative began ten years ago, no U.S. city had ever undertaken an effort that focused explicitly on institutional racism. Since that time, Minneapolis, Madison WI, Portland OR and our own King County, among others, have all established their own equity initiatives. Today, local governments in the U.S. are acknowledging that race matters. The current impacts of institutional and structural racism combine to restrict opportunities for people of color, including immigrant and refugee communities.

For this give-away item, there were two reports from the Seattle Race and Justice Initiative:

- The 2015 2017 Plan
- The 2012 2014 Plan

We offered these reports, which are free online, as they provide examples of how to attack institutional racism, which is embedded in all organizations.

These reports provide important data about racial inequities, and how the City of Seattle is going about ending structural racism. These reports may help you understand how institutional racism affects your organization, and how you might go about eliminating it!

See links to download reports in Continuing Learning Opportunities.