

Give-a-Way Books and DVD for Session 3, May 9, 2017

Getting along: Words of Encouragement, by Sondra Thiederman.

DVD, 4 min. 15 seconds minutes running time.

How can we work and live together with open hearts and open minds? *Getting Along* is a four and a half minute video of printed messages and music that inspires audiences of all types to do just that. *Getting Along* supports a broad range of topics including:

- Bias Reduction
- Employee Orientation
- Teamwork
- Customer Service
- Leadership
- Communication
- Cross-Cultural or International Business

It's perfect as an uplifting opening or closing to any meeting, gathering or training session.

3 Keys to Defeating Unconscious Bias: Watch, Think, Act, by Sondra Thiederman.

There's A Lot We Can Do to Defeat Unconscious Bias. The 3 Keys in this easy-to-read little book shows the reader:

- How to WATCH their thoughts, experiences, and actions to identify unconscious biases and target them for extinction.
- How to THINK in such a way as to weaken and control our biases.
- How to ACT to defeat our biases and cultivate the kind of common ground that we know to be inhospitable to the survival of bias.

This Poem Means, by Anthony (Tony) Lee. (2005). Detroit: Lotus Press. (Winner of the 2005 Naomi Long Madgett Poetry Award)

The Unsettled ~ Resettled: Seattle's Hunt Hotel:

The Unsettled ~ Resettled: Seattle's Hunt Hotel story seeks to shed light on the experiences of Seattle Japanese and Japanese Americans during resettlement and raise awareness of the long-lasting consequences of Executive Order 9066, one of the most unjust and unconstitutional acts of government in American history.

Fierce Conversations: Achieving Success at Work & in Life, One Conversation at a Time, Special Edition, by Susan Scott (Berkley Publishing, 2011).

Author Susan Scott says your success depends on how well you transform everyday conversations. This book, which includes a workbook, will guide you

- on how to overcome barriers to meaningful communication,
- increase clarity and improve understanding,
- handle strong emotions—yours and others', and
- to expand and enrich conversations with colleagues, friends and family.