

Action Steps

How will we gain or maintain the positive results from focusing on this left pole? What? Who? By when? Measures?

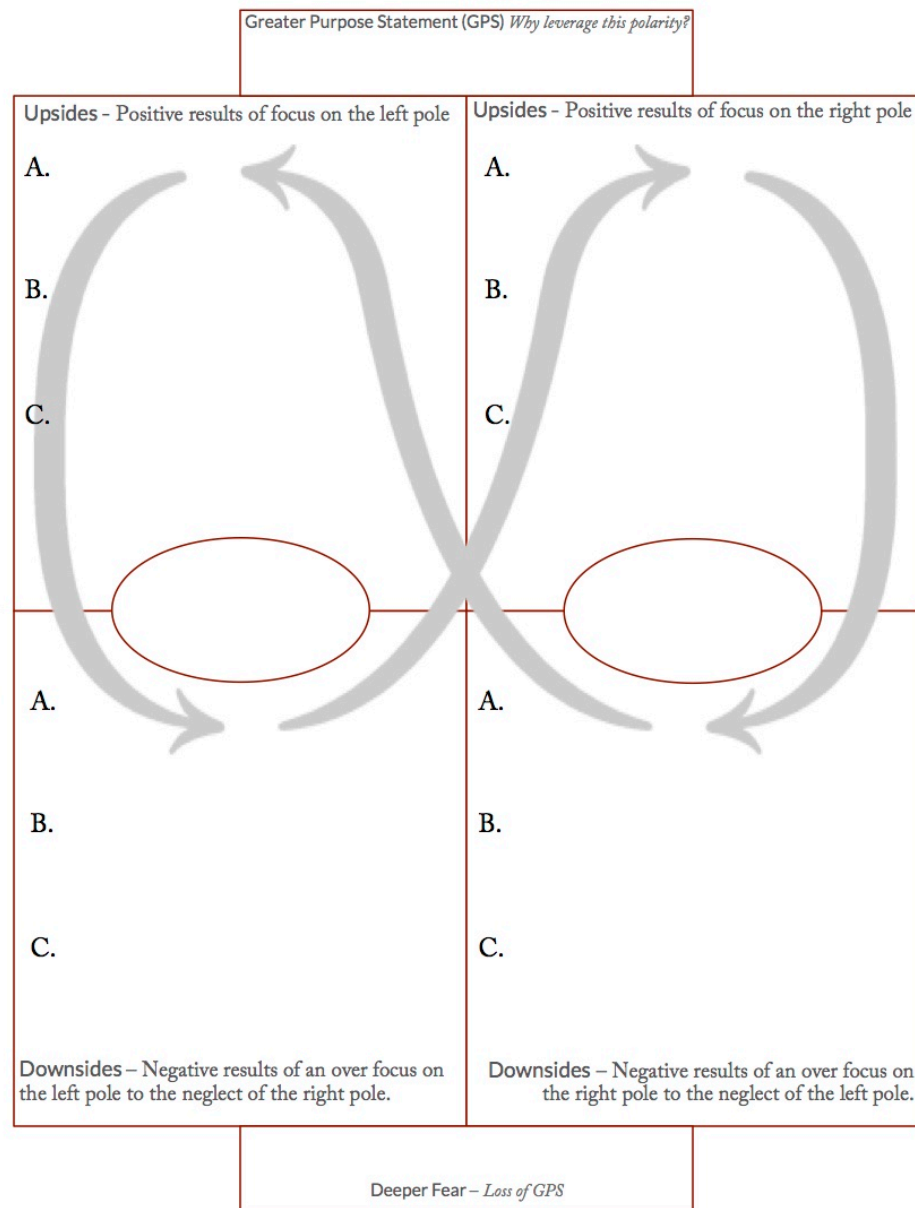
-
-
-

Early Warnings

Measurable indicators (things you can count) that will let you know that you are getting into the downside of this pole.

-
-
-

YARBROUGH *group*



Action Steps

How will we gain or maintain the positive results from focusing on this right pole? What? Who? By when? Measures?

-
-
-

Early Warnings

Measurable indicators (things you can count) that will let you know that you are getting into the downside of this pole.

-
-
-

Copyright Polarity Partnership © 2016

Key Points for Leveraging Polarities

- ∞ Greater Purpose Statement (GPS) is necessary to keep clarity. Deeper Fear helps get the worry out in the open.
- ∞ Both poles are important.
- ∞ Poles are interdependent opposites that need each other over time in order to sustain the system.
- ∞ Leveraging a polarity ≠ Same amount of time spent on both poles
- ∞ If you over focus on either pole to the neglect of the other, you will get the downside of the focused pole.
- ∞ To move out of the downside of either pole, you must focus on the upside of the opposite pole.
- ∞ The oscillation is ongoing...the natural tension between is unavoidable, unsolvable, and indestructible.
- ∞ Action Steps and Early Warnings need to be S.M.A.R.T.

