

POLARITIES EXPLAINED & DEFINED

POLARITIES:

Paired values (often competing) that need each other over time in order to achieve a greater purpose.

INFINITY:

Is the ongoing nature of polarities... an energy system, which is never ending.

POLARITY MAPPING – KEY POINTS

- ∞ Greater Purpose Statement (GPS) is necessary to keep clarity. Deeper Fear helps get the worry out in the open.
- ∞ Both poles are important and must be neutral to positive words
- ∞ Poles are interdependent opposites that need each other over time in order to sustain the system
- ∞ Leveraging a polarity does not mean same amount of time spent on both poles.
- ∞ If you over focus on one pole to the neglect of the other you will get the downside of the focused pole. The reverse is also true.
- ∞ To move out of the downside of either pole, you must focus on the upsides of the opposite pole.
- ∞ The oscillation is ongoing... the natural tension between is unavoidable, unsolvable, and indestructible.
- ∞ Action Steps and Early Warnings need to be S.M.A.R.T.

POSSIBLE POLARITIES AT WORK – NATIVE AMERICANS

Claiming Power ∞ Sharing Power

Community ∞ Individual

Freedom ∞ Respect

Candor ∞ Diplomacy

NW Diversity Learning Series – November 14, 2018
Session 6: Native Americans: Undoing the Last Acceptable Racism
Presenters: Jay LaPlante and Barbara Aragon

Equality ∞ Autonomy

Stability ∞ Change

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