

Books:

Between the World and Me (2015) by Ta-nehisi Coates.

What's the Matter With White People? Why We Long for a Golden Age That Never Was (2013) by Joan Walsh.

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies (2017) by Resmaa Menakem.

The Souls of Black Folk (Kindle 2017) by W.E.B Du Bois.

The Fire Next Time (1992) by James Baldwin.

Dying of Whiteness: How the Politics of Racial Resentment Is Killing America's Heartland (2019) by Jonathan M. Metz.

Our Souls to Keep: Black/White Relations in America (1999) by George Henderson.

The New Jim Crow (2012) by Michelle Alexander.

Why Are All the Black Kids Sitting Together in the Cafeteria? And Other Conversations About Race (2017) by Dr. Beverly Daniel Tatum.

Hillbilly Elegy: A Memoir of a Family and Culture in Crisis (2018) by J.D Vance.

Angry White Men: American Masculinity at the End of an Era (2017) by Michael Kimmel.

Southern Rites (2015) by Gillian Laub.

White Fragility: Why It's So Hard for White People to Talk About (2018) by Robin J. DiAngelo and Michael Eric Dyson.